

# Local Trails



New Milford  
Parks and Recreation

# TOWN PARKS

Any New Milford resident may request a scholarship for recreation programs when a need exists. Requests must be made in writing on an official application form. All requests are kept confidential and will be evaluated based on financial and/or personal hardship. Applications are available at the Social Services Department at the Richmond Center, 40 Main Street.

## Town Green

The New Milford Town Green is located on Main Street and boasts of being the largest Green in New England. It consists of a passive open space with a picturesque bandstand. The Green can be used by New Milford non-profit organizations if applied for and approved by the Parks & Recreation Commission. Bandstand use is permitted until 9:00 pm.

## Lynn Deming

Lynn Deming Park opens on the Saturday of Memorial Day Weekend, and closes on Labor Day. There is no alcohol allowed in the Park. Animals, of any kind, are not permitted in the park. Smoking is not permitted on the beach. Complete copies of the Park Rules are available at the Park entrance or at the Parks and Recreation Office. A park pass is required. Directions: Route 7 north, left on to 134 Candlewood Lake Road North. Park is approximately ½ mile on the right. A PARK PASS IS REQUIRED TO GAIN ACCESS.

## Carlson's Grove

Very picturesque picnic area and playground are on this site along the East Aspetuck River. Picnic tables, a park pavilion, grills, fishing, and a field for passive-active recreation, plus a parking area are located at this site. Alcohol is allowed by permit only at this site. Park opens one half hour before sunrise, and closes one hour after sunset. Directions: Route 202 to 10 Wheaton Road and the Park is on the right after the bridge.

## Addis Park

Picnic area on the Housatonic River with a boat launch ramp. Opens one half hour before sunrise and closes one half hour after sunset (except access to boat launch). Directions: Route 67 to 220 Grove Street. A PARK PASS IS REQUIRED.

## Baldwin Park

Walking trail with native flowers and plants. Closes one half hour after sunset. Directions: Route 202 to Hipp Road, the park is on the left behind Schaghticoke School. Park your car and follow the path to the start of the trail.

## Clatter Valley

Approximately 100+ acres of open space for outdoor recreational activities, including horseback riding, cross country skiing, fishing, tobogganing, a hiking trail and a pond. There is a public pavilion with picnic tables available for reserved group use. Alcohol is allowed by permit only at this site. Park opens one half hour before sunrise, and closes one half hour after sunset. Directions: Rt. 67, turn right on to Grove Street, left on to Hine Hill Road. At the stop sign take a right to 158 Old Town Farm Road. Park is on the right.

## Young's Field

An active recreation area which offers a skate park, tennis courts, basketball court, tot lot playground, pavilion, and multi-use athletic fields. A kayak ramp is located across the street on the Housatonic River. Directions: Bridge Street to 6 Young's Field Road.

## Andrew Gaylord Barnes Park

Small passive area along the Housatonic River. Route 7 north to Boardman's Bridge at 292 Kent Road.

## Ray Ramsey Park

Small landscaped square with benches and a kiosk listing community events. The park is located at the junction of Bridge and Railroad Streets, next to the Railroad Station.

## Emmanuel Williamson Park

Park with playground area, basketball courts, and a picnic area. Park opens one half hour before sunrise, and closes one half hour after sunset. Directions: Route 7 North to Gaylordsville. Park is on the left at 643 Kent Road and Donna Drive.

## Helen Marx Park

Two Little League Baseball fields with an overlapping soccer field located at 91 Housatonic Avenue.

## Sega Meadows Park

Forty-three acres of undeveloped park land bordering the Housatonic River. Directions: Route 7 North, turn right onto Boardman Road, turn left onto River Road, the asphalt road turns into dirt and the park entrance will be on your left at 120 River Road.

## Northville Soccer Fields

Two full-sized soccer fields located immediately behind Northville Elementary School at 22 Hipp Road. There is a walking trail that links the Northville Soccer Fields to Sullivan Farm. Directions: Route 202 north, turn left onto Hipp Road and turn right into the Northville School Parking lot. The fields are located behind the school.

## Sarah Noble Soccer Fields

A two acre parcel that contains a soccer field. The field may be accessed from the Sarah Noble Intermediate School or from the Home Depot stairs found on the right hand side of the parking lot. The field is located on Route 7 directly behind Home Depot (25 Sunny Valley Road).

## Canterbury Pond (Conn's Pond)

A small one-acre park used for fishing and ice skating. Directions: Route 202 North on the left side ¼ mile past the New Milford Police Department at Park Lane Road.

## Pickett District Road Ball Fields

Four bambino-sized baseball fields on 10 acres of land at 189 Pickett District Road. Fields located on the left past Kimberly Clark

## Nostrand Trail

Wilderness trail through 138 acres of land at 56 Squire Hill Road. Directions: Route 202 north; make a left onto Little Bear Hill Road and a right onto Squire Hill Road. Trail approx. ½ mile on the right at the top of the hill.

## Chappuis Park

A 1.43 acre open meadow on the banks of the East Aspetuck River. Directions: Route 202 north; make a left onto Van Car Road and a right on to 108 Paper Mill Road. Park is on your right.

## Pettibone Park

A park with a new state of the art playground, two softball fields and a multipurpose field. Directions: Route 7 south; make a left to 2 Pickett District Road and the park is on your immediate right.

New Milford residents may, with approval of the Parks and Recreation Commission or the Director, reserve all parks with the exception of Canterbury Pond, Nostrand Trail and Pettibone Park. Use of these parks is available 365 days per year. The Park Reservation Form may be obtained at the Parks & Recreation Department or at [www.newmilford.org](http://www.newmilford.org). Clatter Valley Park & Carlson's Grove Park are the only parks where alcoholic beverages are allow, by permit only.

# NEW MILFORD PARKS & RECREATION

(860) 355-6050

## DIRECTORY OF SUGGESTED HIKES IN AND AROUND NEW MILFORD

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### HALF DAY HIKES (up to 3 hours hiking time)

- 1. Eliot Pratt Education Center - Mt. Tom (New Milford):** Paper Mill Road, New Milford. A moderate climb to the summit on the interesting and varied grounds of the center. Center also offers a demonstration farm and special programs. Round trip: 2 miles. 354-3665.
- 2. Steep Rock Preserve:** River Road, Washington Depot. Trails parallel Shepaug River, also climb to summit of Steep Rock with view of the Clamshell. 868-2786.
- 3. The Pinnacle:** Off Route 45, near Washington Town Beach, New Preston. Easy trail to open summit, good views of Lake Waramaug. Round trip: 2 1/2 miles. SW 3.
- 4. Mt. Tom State Park:** Rt. 202, Washington - Bantam. Easy climb to stone tower on Mt. Tom summit. Lake with supervised swimming. Round trip: 1 1/2 miles. 50 H.
- 5. Flanders Nature Center:** Flanders Road, Woodbury. 6 1/2 miles of well groomed trails. Forests, marshes, streams, glacial bog, woodlot, operating farm, special programs. 263-3711
- 6. St. John's Ledges:** River Road, Kent. Steep, rugged climb on the Appalachian Trail (AT) past open rock ledges, with excellent views. Round trip: 1 1/2 miles. ATG, CWB.
- 7. Pond Mountain Natural Area:** Fuller Mt. Road., Kent. Well maintained trail system. Alternative, relatively flat access to St. John's Ledges. 927-3827.
- 8. Kent Falls State Park:** Rt. 7, Kent. Short, moderate climb to beautiful waterfalls. Round trip: 1 mile. SW 1.
- 9. Breadloaf Mt.:** 1/2 mile west of Cornwall Bridge off Rt. 4. A steep short side trail off AT to summit with good views. Round trip: 1 1/2 miles. ATG, SW 1.
- 10. Pine Knob Loop Trail.** 1 mile N on Cornwall Bridge, on Rt. 7. 2 1/2 mile loop hike on Blue Trail to twin summits with good views. CWB, 50H.
- 11. Cathedral Pines:** Valley Road, 1/2 mile south of Cornwall. Very short walk on AT through magnificent virgin White Pine grove. Round trip: .7 mile. 50H, ATG.
- 12. Coltsfoot Mt. - Baldwin Cave,** Valley Road, 2 miles S of Cornwall. Rugged hike from site of Dudleytown (reputed ghost town) on AT. Short Blue trail to interesting Baldwin Caves. Round trip: 4 miles. ATG.
- 13. Sharon Audobon Center:** Rt. 4, Sharon. 3 miles of trails; ponds, meadows, forests, special programs. 354-5826.

**FULL DAY HIKES (more than 3 hours hiking time)**

14. **Housatonic Range Trail: Rocky River Road to Cedar Hill Road (Gaylordsville), New Milford.** New Milford's only Blue Trail, 8 miles long, best done in two sections: Rocky River Road. to Rt. 37 (over Candlewood Mt.), and Rt. 37 to Gaylordsville (over Suicide Ledges and Strait's Rock). CWB, 50H, SW2, See handout.
15. **Squantz Pond State Park - Pootatuck State Forest: Rt. 39, New Fairfield.** Numerous hiking possibilities on unmarked but well trodden trails. Swimming. SW2, SW4. 797-4165.
16. **Algo and Schaghticoke Mts.: River Road, Kent.** Rugged hike on AT and Blue Schaghticoke Mt. trail. Start near Kent School, finish at Schaghticoke Indian Reservation Cemetery. Round trip: 4 1/2 miles. 50H, ATG, CWB.
17. **River Road: 4 miles N of Kent.** Flat section of AT alongside Housatonic River, No of old trip: 6 miles. ATG, SW2, SW4.
18. **Macedonia Brook State Park - Cobble Mt.: Macedonia Brook Road, Kent.** Park has own trail system; from campgrounds follow AT over Cobble Mt. with excellent views west into New York State. Round trip: 4 miles. 50H, ATG, CWB, SW4, 927-3238.
19. **White Memorial Foundation: off Rt. 202, Litchfield.** Nature museum, 30 miles of hiking trails with numerous possibilities, ponds, lakes, marshes, forests, special events, 50H, CWB. 567-0857.
20. **Mohawk State Forest: off Rt. 4, Cornwall.** Follow AT from Rt. 4 to ski area, junction with Mattatuck Trail, follow to summit towers. Round trip 6 miles. 50H, ATG, CWB.
21. **Dean Ravine - Barrack Mt.; Music Mt. Road - Rt. 7, Canaan, 3 miles S of Falls Village.** On AT start at Dean's Ravine, then climb steeply up Barrack Mt. with its extensive views. Round trip: 4 miles. 50H, ATG.
22. **Bear Mt.: Rt. 41, 4 miles N of Salisbury.** Follow Under Mt. Trail, then AT to open 2,316 foot summit, highest Mt. in Connecticut. Fantastic views. Round trip: 5 1/2 miles. An easier approach is from Mt. Washington Road on unmarked woods road. Round trip: 3 miles. ATG, 50H, SW2, SW4, CWB.

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**RECOMMENDED TRAIL GUIDES**

- 50H - Fifty Hikes in Connecticut: A Guide to Short Walks and Day Hikes around the Nutmeg State,** Gerry and Sue Hardy, authors. New Hampshire Publishing Company, Somersworth, N.H., 1978.
- CWB - Connecticut Walk Book.** Connecticut Forest and Parks Association, 1010 Main Street, East Hartford, CT 06810. 1975.

## **RECOMMENDED TRAIL GUIDES (continued)**

**ATG - The Appalachian Trail Guide to Connecticut and Massachusetts. Appalachian Trail Conference. P.O. Box 236, Harper's Ferry, West Virginia 25425. 1978**

**SW1 - Short Walks in Connecticut, Volume 1, Eugene Keyarts, author. The Pequot Press, Chester, Connecticut. 1968**

**SW2 - 42 More Short Walks in Connecticut. Eugene Keyarts, author. 1972**

**SW3 - Short Walks in Connecticut, Volume 3. Eugene Keyarts, author.**

**SW4 - 60 Short Walks in Connecticut. Eugene Keyarts, author. 1979.**

## **HOW-TO BOOKS AND PERIODICALS**

**Fletcher, Colin. The New Complete Walker. Alfred A. Knopf. New York. 1974.**

**Manning, Harvey. Backpacking: One Step at a Time. Vintage Books, Random House, New York, 1973.**

**The Peterson Field Guide Series. Definitive volumes on insects, birds, animal track, flowers, etc. Houghton Mifflin Company, Boston.**

**Backpacker: Including Wilderness Camping. Ziff-Davis Publishing Company, New York.**

Elconin said the Hunts' gift will preserve more land and natural habitats in New Milford, create a scenic view along Route 7 and protect the quality of the Housatonic River and its watershed.

The preserve abuts the Tory's Cave Preserve and brings the trust's acreage there to about 115 acres. The trust has owned the Tory Cave preserve since 1978, but had to close the bat cave to the public last year to help restore the declining bat population.

"Because the cave is closed, it provides a lot more recreational opportunities for those coming to the cave," Elconin said.

About a mile of trail existed on the property, including about a half-mile of the Blue-Blazed trail, which is a collection of about 825 miles of trails across the state, including eight from Gaylordsville to Candlewood Mountain, and overseen by the **Connecticut Forest and Park Association**.

The **New Milford Youth Agency** extended the trails by about a half-mile with the creation of the Spur Trail, which is marked with red circles. The agency built a kiosk and steps leading from the parking area on Route 7 to the trail.

"It's amazing how many people use the trails in the area," said **Mark Mankin**, the youth agency's executive director. "This expands an existing system. It's a really nice thing because it's centrally located in town."

Elconin said the trust has no plans to create more trails but hopes to work with the Connecticut Forest and Park Association to move a section of the Blue-Blazed trail more into the woods and not through the housing developments next to the preserve. He said the work would take about two days with a crew of eight to 10 volunteers.

He said the new preserve will need volunteers, just like the trust's other properties. The trust protects more than 9,700 acres in 17 towns. The land is spread out between wildlife sanctuaries, 15 working farms and 12 nature preserves that are open to the public with more than 15 miles of hiking trails.

The Hunt property has a unique history.

It was owned by **Kent Iron Company** in the 1800s and used to create charcoal by burning wood piles. The charcoal was then burned to create iron for guns and cannons used in the Civil War and locomotive parts until the 1890s.

The Hunts purchased the property in 1964 for \$10,000, using money from their life insurance to cover it and partnering with other relatives. The property was used for logging and foresting over the years.

The charcoal mounds are still visible throughout the property. Elconin hopes to raise money to add signs on the trail highlighting these features.

"If you scratch your foot on the wood floor, you can still see charcoal even though it hasn't been used for years," Brian Hunt said.

The preserve offers a mix of old and new forest, and has large boulders for hikers to climb.

Hardly any invasive plants are found in the preserve, Elconin said.

"This is what the landscape looked like before we had invasive species," he said. "It gives you the best feel for the Housatonic Valley land."

[kkoerting@newstimes.com](mailto:kkoerting@newstimes.com); 203-731-3345



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**H E A R S T**







# Sega Meadows TRAIL MAP

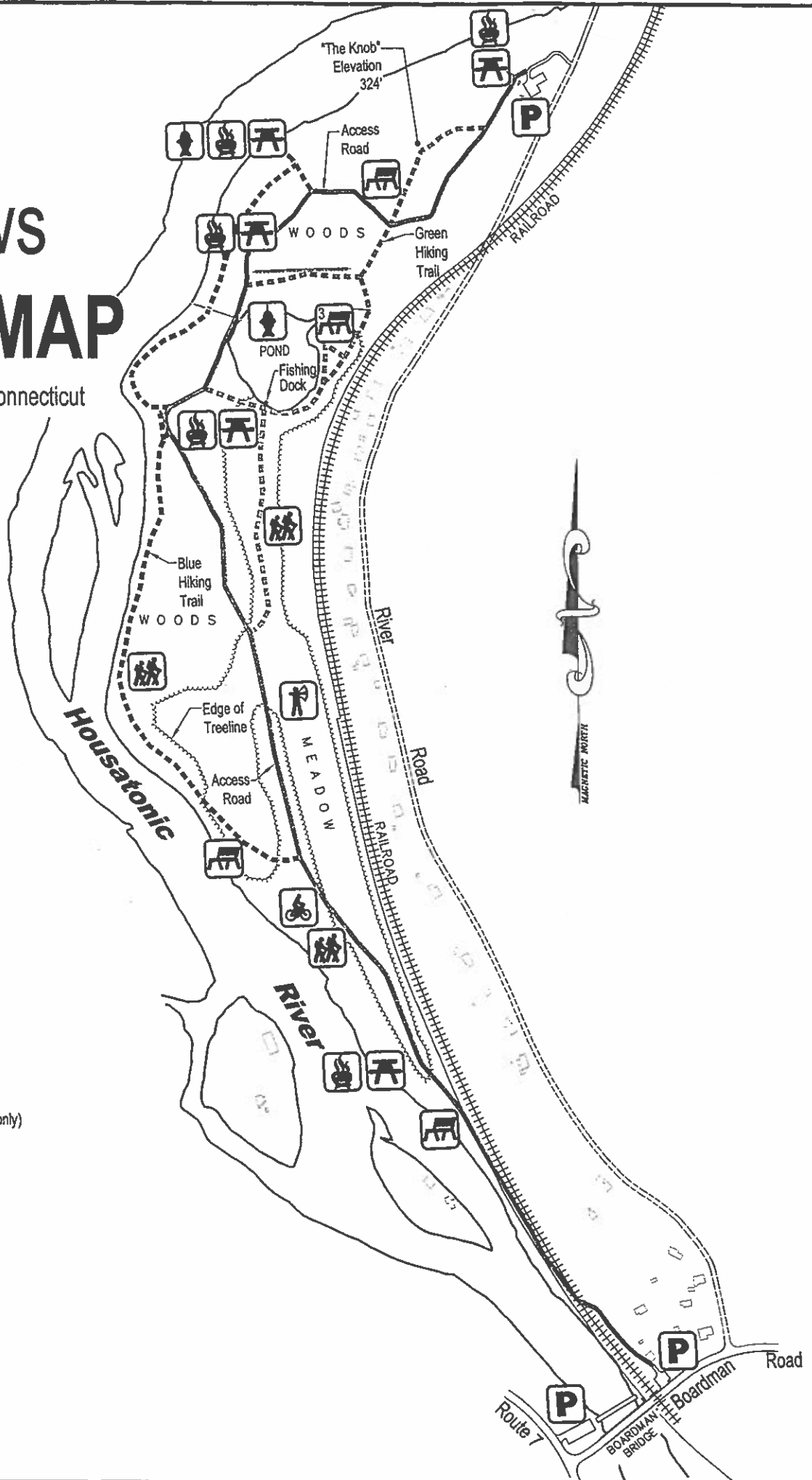
Town of New Milford, Connecticut

## Recreational Legend

-  Parking
-  Hiking
-  Picnic Area
-  Grill
-  Park Bench
-  Biking
-  Dogs on Leash ok
-  Fishing
-  Camping (permit only)
-  Bow Hunting (designated areas only)

## Map Legend

-  Hiking Trail
-  Access Road (gravel)
-  Treeline (edge woods)
-  Railroad
-  Boundary Line
-  Stonewall



Town Of New Milford

# The Reservoir

## Northern Loop

### TriCentennial Trail

SCALE: 1"=400'

#### Nature Stations

1. Black Oak
2. Hayscented Fern Bed
3. Blackberry Patch
4. Bridge Site (Intermittent Stream)
5. White Oak
6. Open Forest Understory
7. Sugar Maple - Wolf Tree
8. American Beach
9. Black Cherry
10. Speckled Alder
11. Sugar Maple - Coppice Regeneration
12. Canopy Gap
13. White Swamp Azalea
14. Eastern Red Cedar
15. Black Birch
16. Bigtooth Poplar

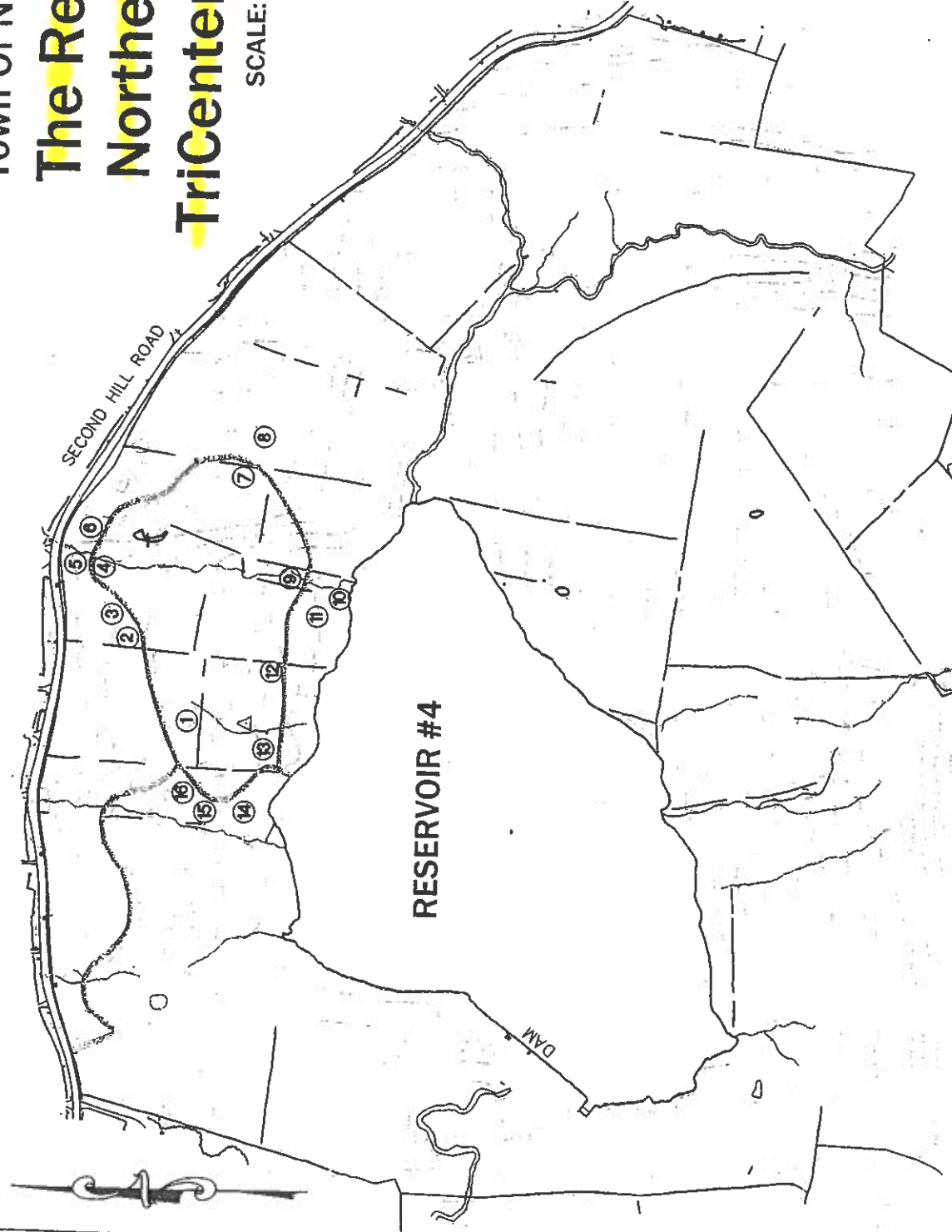
#### Legend

TRAIL

POINT OF INTEREST

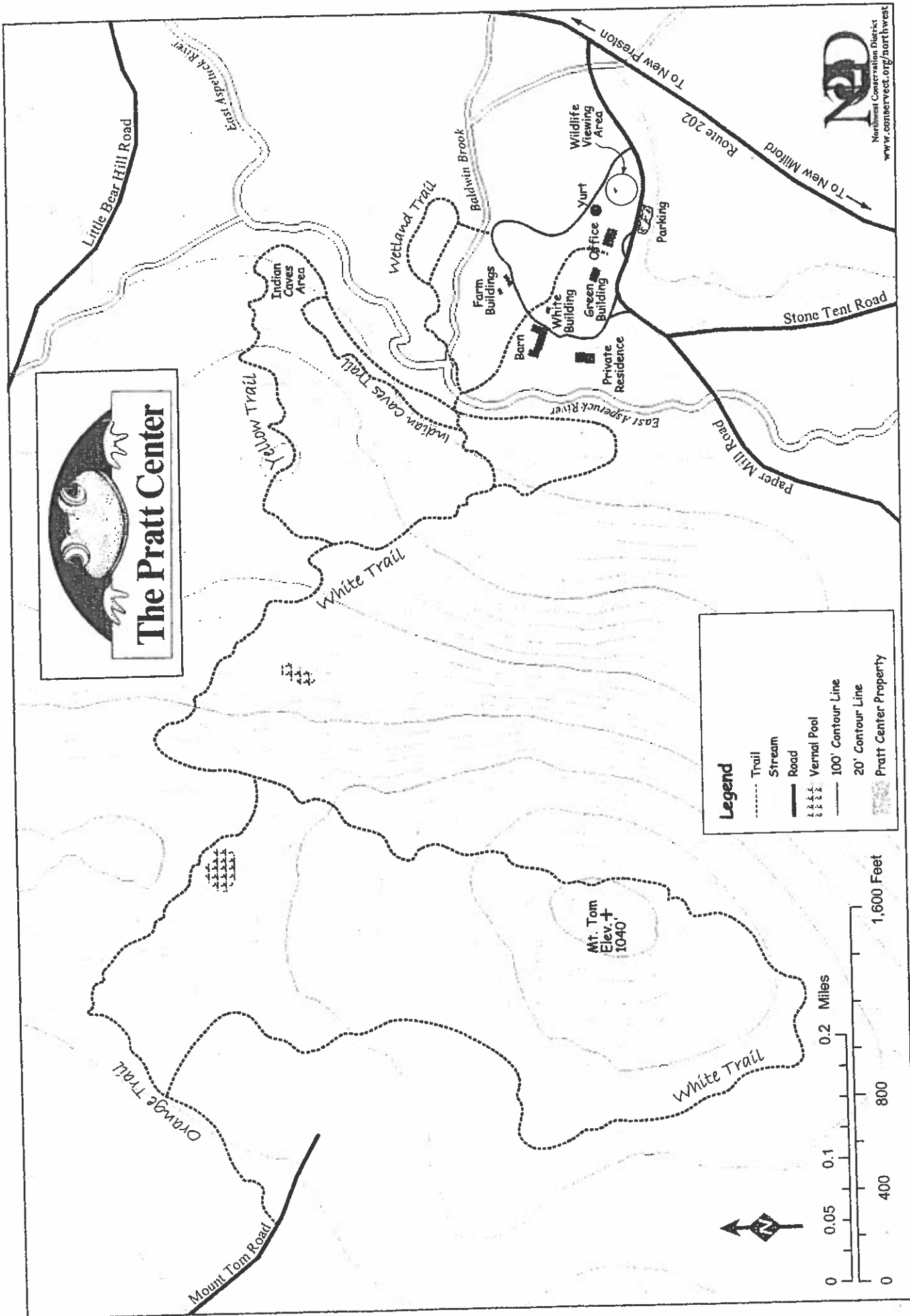
WATERCOURSE

CAMP SITE



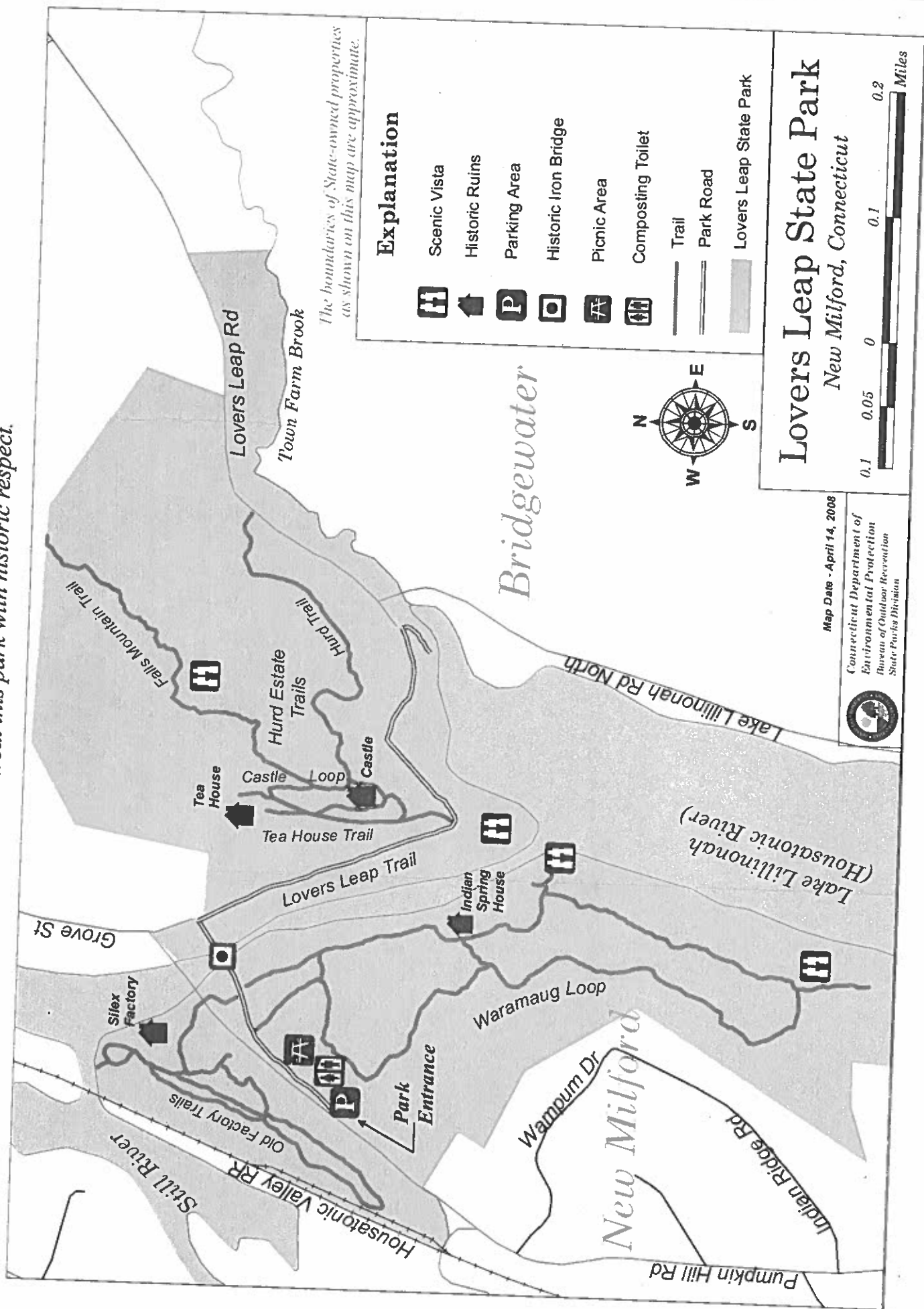
Prepared & Donated by  
**CCA, LLC**  
 40 Old New Milford Road  
 Brookfield, CT 06804  
 (203)775-6207





This trail map was made possible by a generous grant from the law firm of Moots, Pellegrini, Mannion, Martindale & Dratch, P.C.

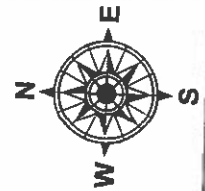
Please treat this park with historic respect.



The boundaries of State-owned properties as shown on this map are approximate.

### Explanation

- Scenic Vista
- Historic Ruins
- Parking Area
- Historic Iron Bridge
- Picnic Area
- Composting Toilet
- Trail
- Park Road
- Lovers Leap State Park



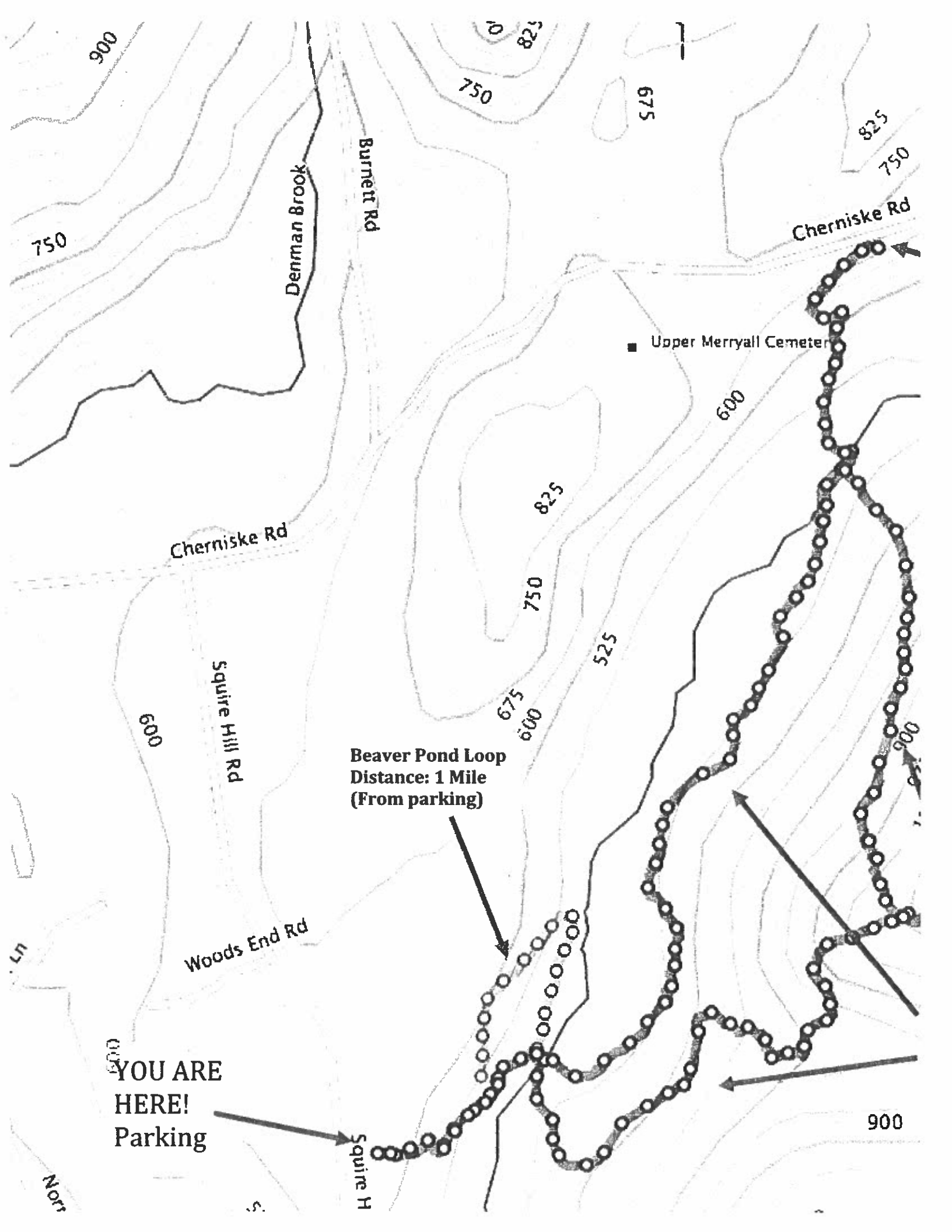
## Lovers Leap State Park

New Milford, Connecticut

Map Date - April 14, 2008  
 Connecticut Department of  
 Environmental Protection  
 Bureau of Outdoor Recreation  
 State Parks Division



"Take only pictures, leave only footprints."



900

750

750

825

675

825

750

Denman Brook

Burnett Rd

Cherniske Rd

■ Upper Merryall Cemetery

600

Cherniske Rd

825

750

525

Squire Hill Rd

600

675

600

Beaver Pond Loop  
Distance: 1 Mile  
(From parking)

Woods End Rd

Ln

YOU ARE  
HERE!  
Parking

Squire H

900

North






A member-based nonprofit. Connecting people to the land since 1895.

[Trails Map](#)

[What We Do](#)

[Get Involved](#)

[Donate Now](#) [Events](#)

[Home](#) >> [Blue Blazed Hiking Trails](#) >> Sunny Valley Preserve Trails

## Sunny Valley Preserve Trails

**Length:** 13.7 miles

**Towns:** Bridgewater, New Milford

**Trail Overview:** The Nature Conservancy's Sunny Valley Preserve (SVP) consists of more than 1,850 acres of agricultural and natural areas in Bridgewater and New Milford. The Blue Trail is the longest trail in the SVP system. It extends from Bridgewater Town Park on Lake Lillinonah to the south end of the Preserve's Iron Ore Hill parcel on Iron Ore Hill Road. Red-blazed trails form loops off the Blue Trail on Iron Ore Hill and on the lake side of Rocky Hill. The yellow-blazed Rocky Hill Trail traverses the rugged slopes of Rocky Hill to link Hemlock Road and Benson Road. White-blazed connector trails provide opportunities for circular walks of various lengths. The Wolf Pit Mountain Trail consists of two loop trails that lead to the summit of Wolf Pit Mountain.



Located in New Milford, the SVP Farm & Nature Trails consist of three color-coded trails of varying difficulty. The main trail is on fairly level terrain ideal for family hiking. It parallels agricultural fields and provides a rare close-up view of an active dairy farm. A half-mile trail traverses a small but rocky mountain, and the third trail follows an old farm path to an interesting red maple swamp.

The Sunny Valley Preserve trails exist through the courtesy of The Nature Conservancy (TNC) and several private landowners. Additional information is available from the Preserve website or office: (860) 355-3716. Hikers using these trails are expected to be respectful of the land and the creatures living there. Additionally, hikers should:

- Stay on the blazed paths
- Keep dogs leashed at all times
- Leave no litter

For more info, maps and to see a video of the Sunny Valley Preserve, click [here](#).

**Allowed Uses:** Hiking Only

**Partners:** *The Nature Conservancy*

**newstimes** <http://www.newstimes.com/local/article/New-preserve-expands-New-Milford-s-hiking-and-11200633.php>

## New preserve expands New Milford's hiking and outdoor opportunities

By Katrina Koerting Updated 8:49 am, Wednesday, June 7, 2017



IMAGE 1 OF 13

Buy Photo

Paul Elconin, director of Land Conservation at Weantinog Heritage Land Trust, walks on a trail of the newly opened Eleanor and Howard Hunt Preserve on Tuesday.

**NEW MILFORD** — As children, the Hunt brothers — Mark and Brian — spent a lot of time camping and hiking on a 107-acre parcel that borders Route 7.

Generations of children will have similar experiences with the opening of the Eleanor and Howard Hunt Nature Preserve, named for the brothers' parents who had owned the land for more than 50 years.

"I hope a lot of people go there and hike and enjoy the natural beauty," Brian Hunt said. "I hope they enjoy it how we did."

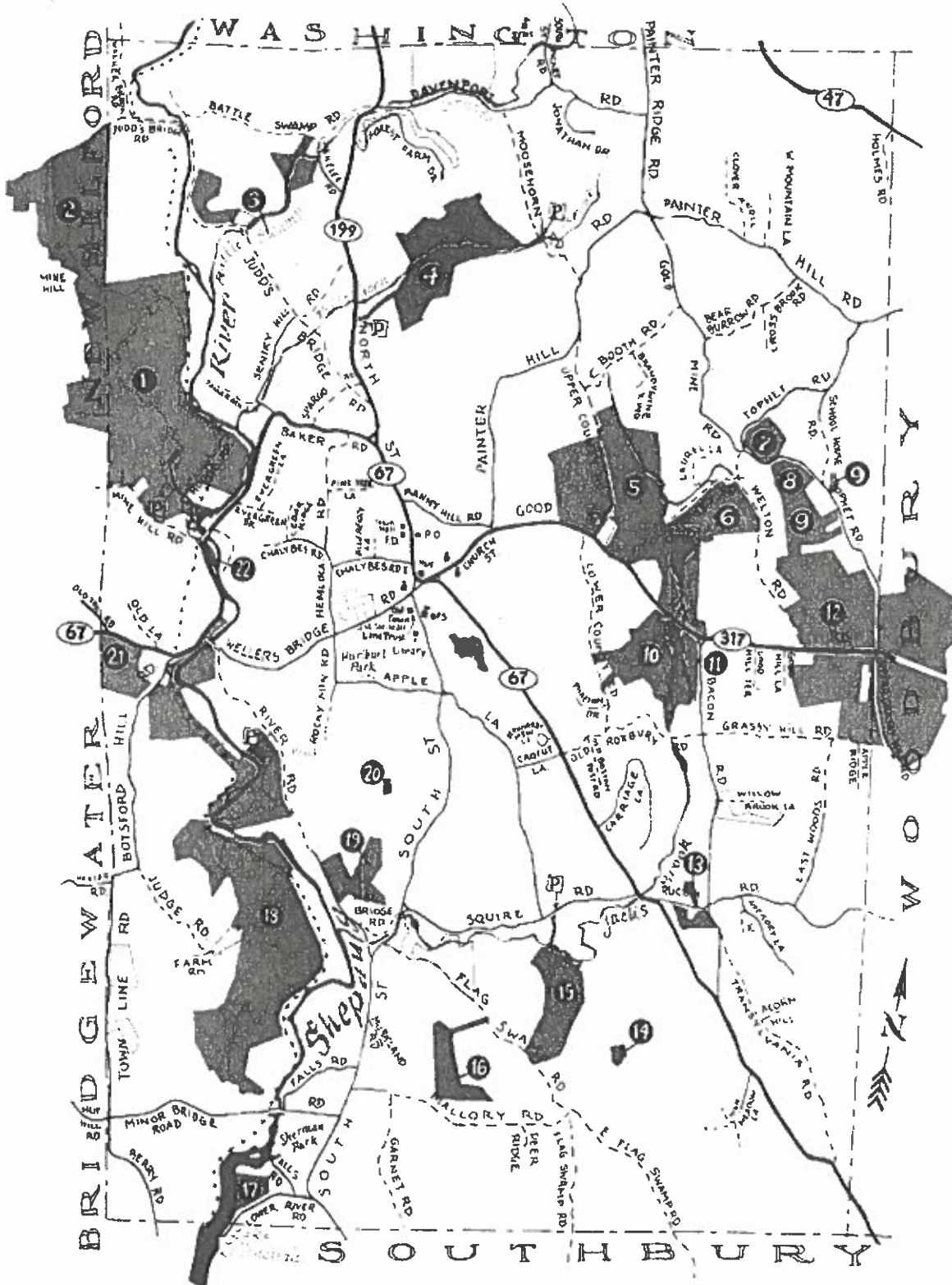
The land was protected last year by the **Weantinog Heritage Land Trust** and opened to the public on Saturday as part of National Trails Day. Anyone can use it from dawn until dusk.

When **Eleanor Hunt** died in December 2015, the brothers were left with the property and had to decide whether to sell or donate it. Based on their parents' dedication to preservation, the brothers chose to donate it.

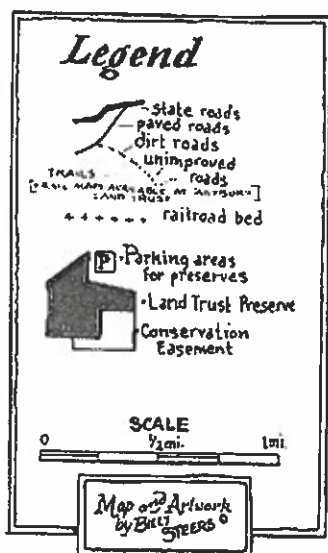
"They had a sense of history and preserving older things," Mark Hunt said. "They had a long-term outlook. If you're doing something in memory of folks who thought like that, nothing is more long-term than preserving land in perpetuity."

The family bought and renovated a 1790s farmhouse where they lived for decades. Eleanor Hunt also saved an old school house and sat on the town's historical society.

"It was wonderful," said **Paul Elconin**, the **Weantinog trust's** director of land conservation. "It was an incredible gift that came out of nowhere."



Please click on a corresponding number from the map above for details on that preserve:  
1 2 3 4 5 6



7 8 9 10 11  
12 13 14 15  
16 17 18 19  
20 21 22

And please observe our Trail Stewardship rules.

- Hiking
- Picnic Table
- Cross-Country Skiing
- Horses Allowed
- Fishing
- Historic Site
- Farm Fields
- Birding

1. Mine Hill Preserve



360 acres

**Access:** Off Mine Hill Road, on right 0.3 miles after turn off Route 67.

**Trails:** The Main Loop (blue blazes) is a moderately difficult, 3.5-mile trail that climbs up an old donkey path, past abandoned mine shafts, through quarries and to the remains of an iron ore blast furnace and roasting ovens.

The Nature Trail (yellow blazes) is an easy, 0.3-mile loop that begins at the south end of the pond, passes over the footbridge and rejoins the donkey path.

The restored furnace and roasting ovens are an easy, 0.2-mile walk from the parking lot.

**Features:** National Register of Historic Places. Restored blast furnace. Roasting ovens. Granite quarries. Mine shafts (now home to bats). Donkey paths. Stone bridge. Farm fields along the Shepaug River. Learn more about about the geology, ecology and history of Mine Hill.

2. Carter Preserve



160 acres

**Access:** Current access is at the Quarry Bridge off the Blue Loop in the Mine Hill Preserve.

**Trail:** An easy 2-mile loop (red blazes) begins at Mine Hill's Quarry Bridge (about 1.5 miles in from the parking lot).

**Features:** Vernal pools. Farm fields. Distant winter views.

3. Battle Swamp Brook Preserve & Raven Rock Preserve



45 acres

**Access:** Off Judd's Bridge Road, on right about 1.2 miles from turn off Route 199.

**Trail:** 1.35-mile easy walk from Judd's Bridge Road to Battle Swamp Road and back.

**Features:** Battle Swamp Brook

4. Emily Griffith Beardsley Preserve, Humphrey Preserve & Moosehorn Access



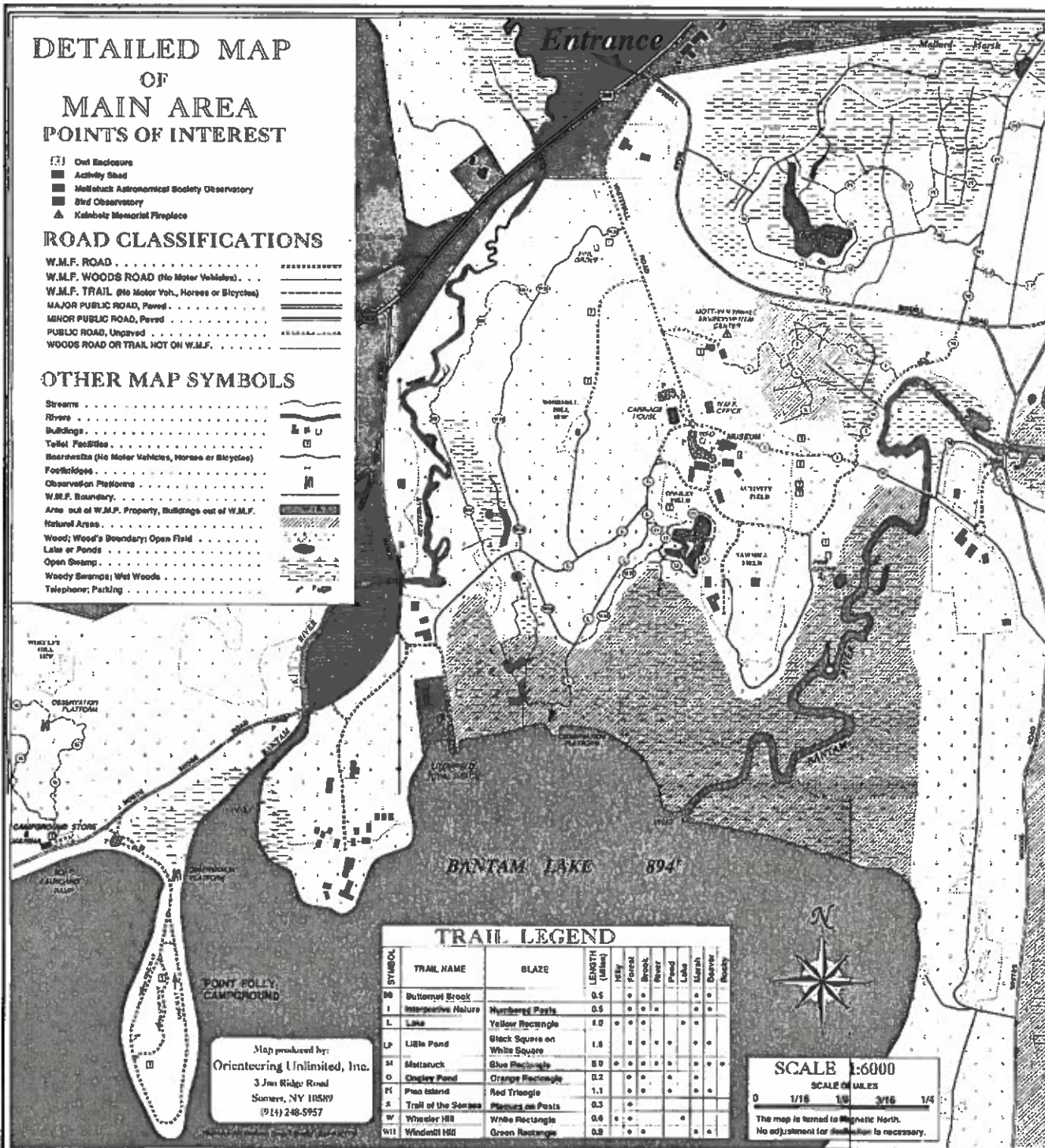
138 acres

**Access:** One entrance is off Route 199, about 0.75 miles from Route 67 intersection. Second is off Moosehorn Road, about 0.7 miles on the right after turn off Davenport Road.

**Trails:** The Blue Loop is 3 miles long and of moderate difficulty. Beginning at the white barn off Route 199, this hike has some steep climbs over the preserve's rolling terrain.

The Red Loop is 1.6 miles long and begins off Moosehorn Road. It offers some steep climbs. Both trails lead to Caroline Glen and skirt Moosehorn Brook.

**Features:** Caroline Glen, where the brook cascades through a rocky gorge rimmed by tall hemlocks. Old



**WELCOME TO WHITE MEMORIAL**

A PRIVATELY-OWNED WILDLIFE SANCTUARY

THAT WE MAY CONTINUE TO MAKE THE PROPERTY AVAILABLE TO THE PUBLIC

**PLEASE DO NOT**

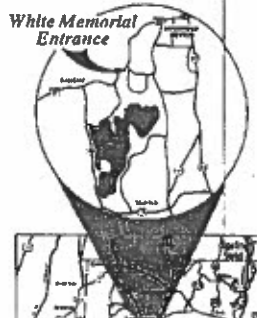
- ▶ BLOCK someone to reach, woods road and trails
- ▶ Ride HORSES and MOUNTAIN BIKES on that trail.
- ▶ HUNT, TRAP, or carry FIREARMS on the property.
- ▶ Light FIRES anywhere without a written permit from the state office.

**PLEASE DO**

- ▶ Leave TREES, SHRUBS and FLOWERS as you found them. Help keep the BIRD AND BEAST nest and den.
- ▶ Do NOT FEED any wildlife.
- ▶ Keep your PET on a LEASH AT ALL TIMES.
- ▶ FEEL free to visit a valid Connecticut Fishing License.

*The White Memorial Foundation and Conservation Center*, located in the northwestern Connecticut foothills of the Berkshire Mountains, welcomes individuals, families and groups to its wide range of facilities for outdoor study and recreation. Created in 1913 by Alain C. White and his sister, May W. White, the Foundation and Center today comprise 4,000 acres of fields, waters and woodlands, 35 miles of trails, a museum, as well as campgrounds, boating facilities, meeting houses, dormitories and special areas for large outdoor educational and recreational

*The White Memorial Conservation Center*, located in the heart of the Foundation property, houses a nature museum which attracts thousands of visitors each year. Here one may experience varied exhibits portraying the natural wonders found on the property as well as participate in the many educational programs offered throughout the year by the Center's full-time professional staff and volunteers. Special emphasis is given to children's activities and the museum houses a special section for them. **FOR INFORMATION ABOUT CURRENT PROGRAMS AND MEMBERSHIP IN THE CENTER.**



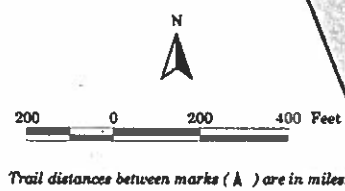
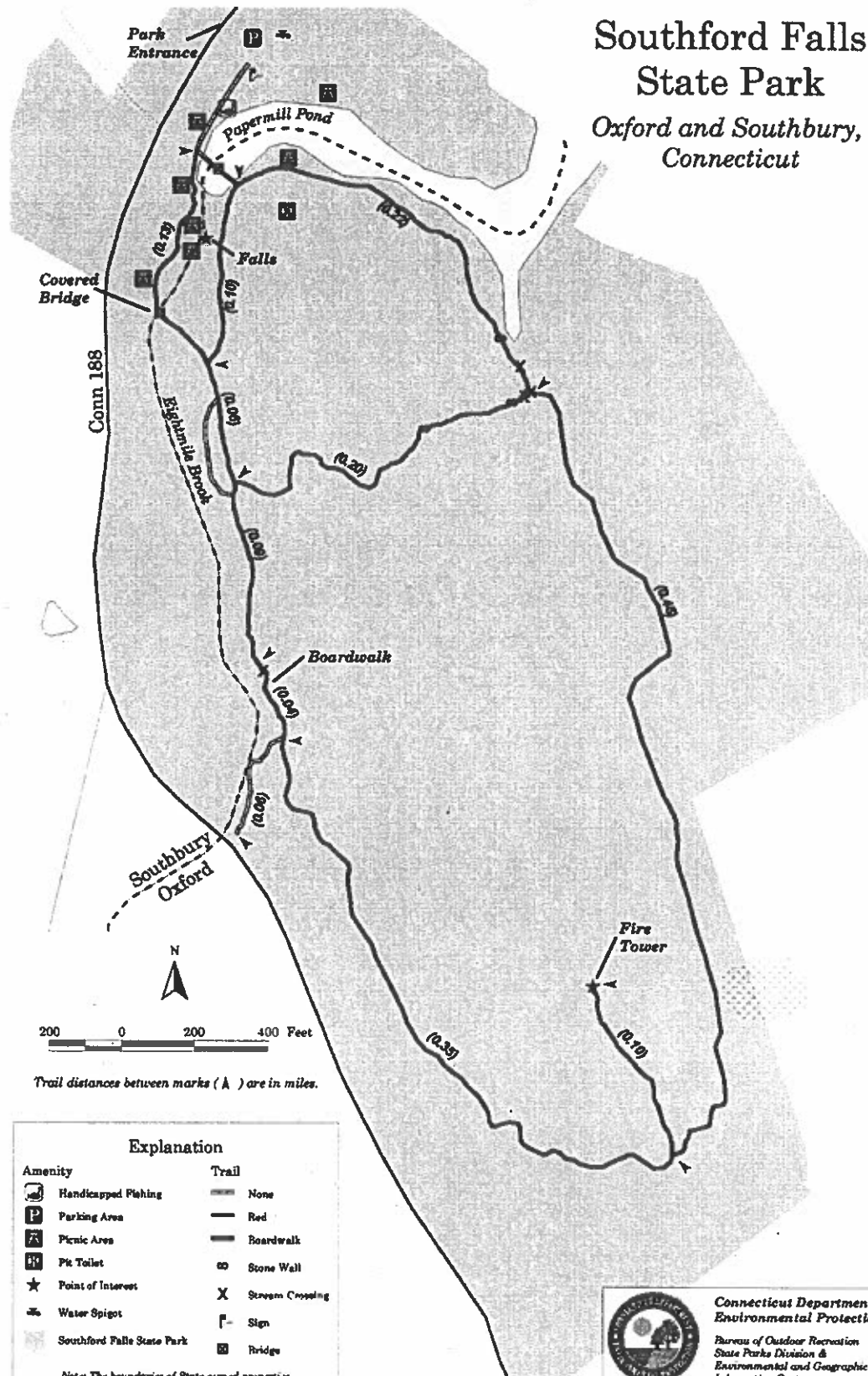
**THE WHITE MEMORIAL CONSERVATION CENTER INC.**





# Southford Falls State Park

Oxford and Southbury, Connecticut



Explanation	
Handicapped Fishing	None
Parking Area	Red
Picnic Area	Boardwalk
Pic Toilet	Stone Wall
Point of Interest	Stream Crossing
Water Spigot	Sign
Southford Falls State Park	Bridge

*Note: The boundaries of State-owned properties as shown on this map are approximate.*

Connecticut Department of Environmental Protection  
Bureau of Outdoor Recreation  
State Parks Division & Environmental and Geographic Information Center

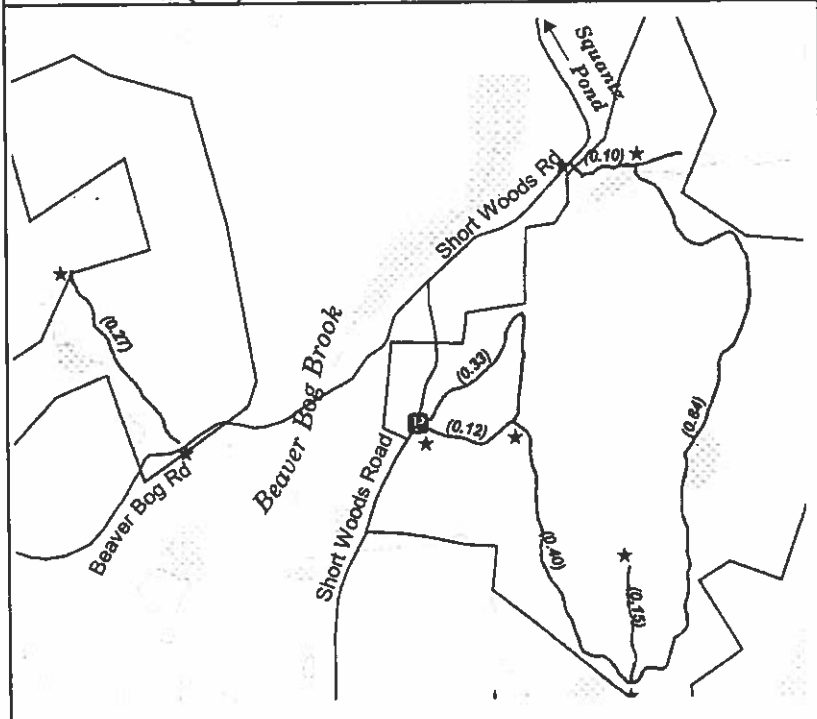
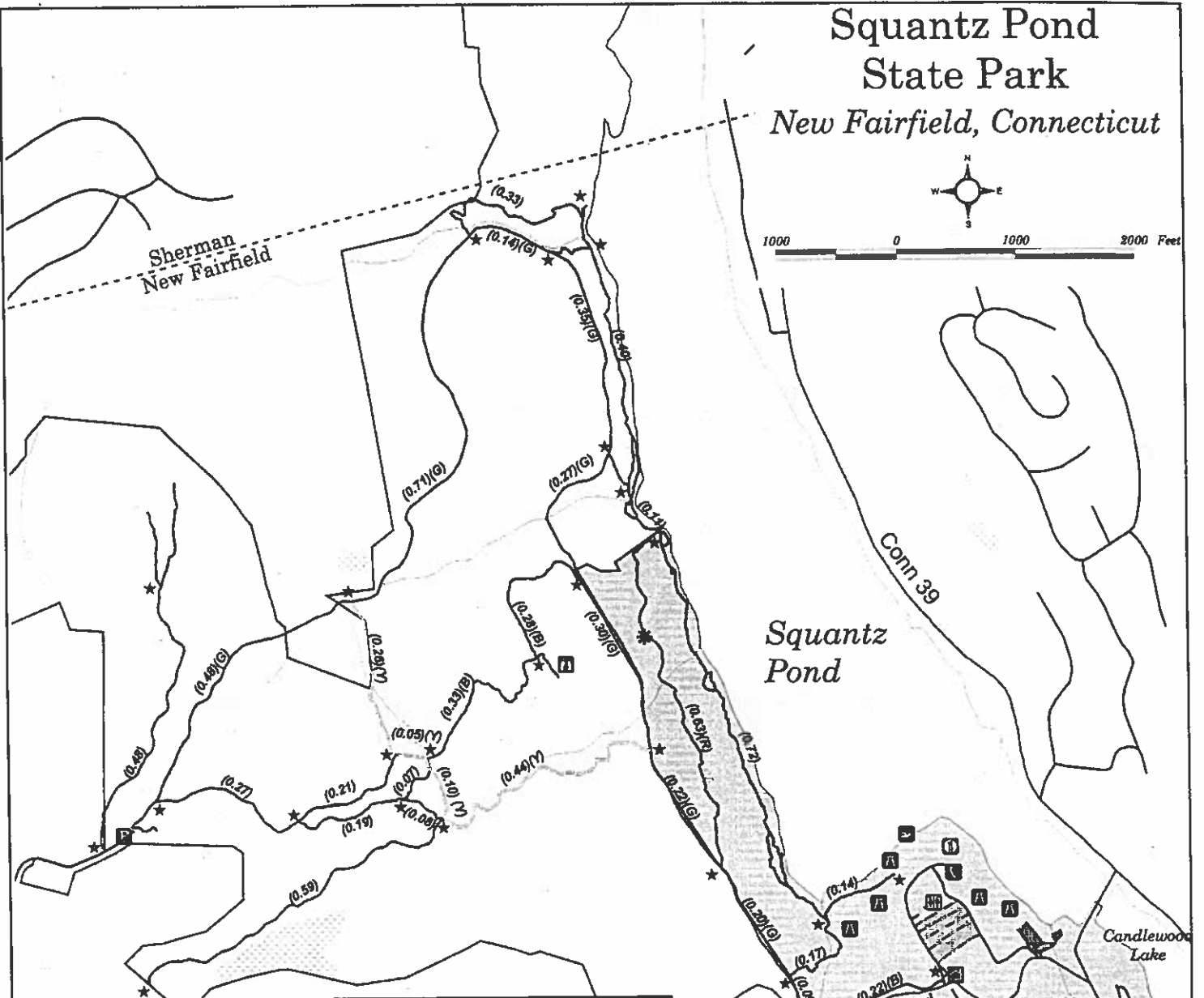
Map Date - July 2000

# Squantz Pond State Park

New Fairfield, Connecticut



1000 0 1000 2000 Feet



Trail distances between marks (★) are in miles.

Explanation	
<b>Trails</b>	<b>Facilities</b>
Blue (B)	Bathroom
Green (G)	Concession
No Blaze	Ticket Booth
Red (R)	Pay Phone
Yellow (Y)	Boat Launch
<b>Park Roads</b>	Limited Parking Area
Paved	Picnic Area
Gravel	Scenic View
<b>Parking Areas</b>	Swimming Area
Paved	Council Rock
Grass	Pootatuck
Squantz Pond	State Forest
State Park	

The boundaries of State-owned properties as shown on this map are approximate.



Connecticut Department of Environmental Protection  
Bureau of Outdoor Recreation  
State Parks Division & Environmental and Geographic Information Center

Map Date - November 2003

# Mohawk State Forest

## Northern Section

Cornwall & Goshen, Connecticut



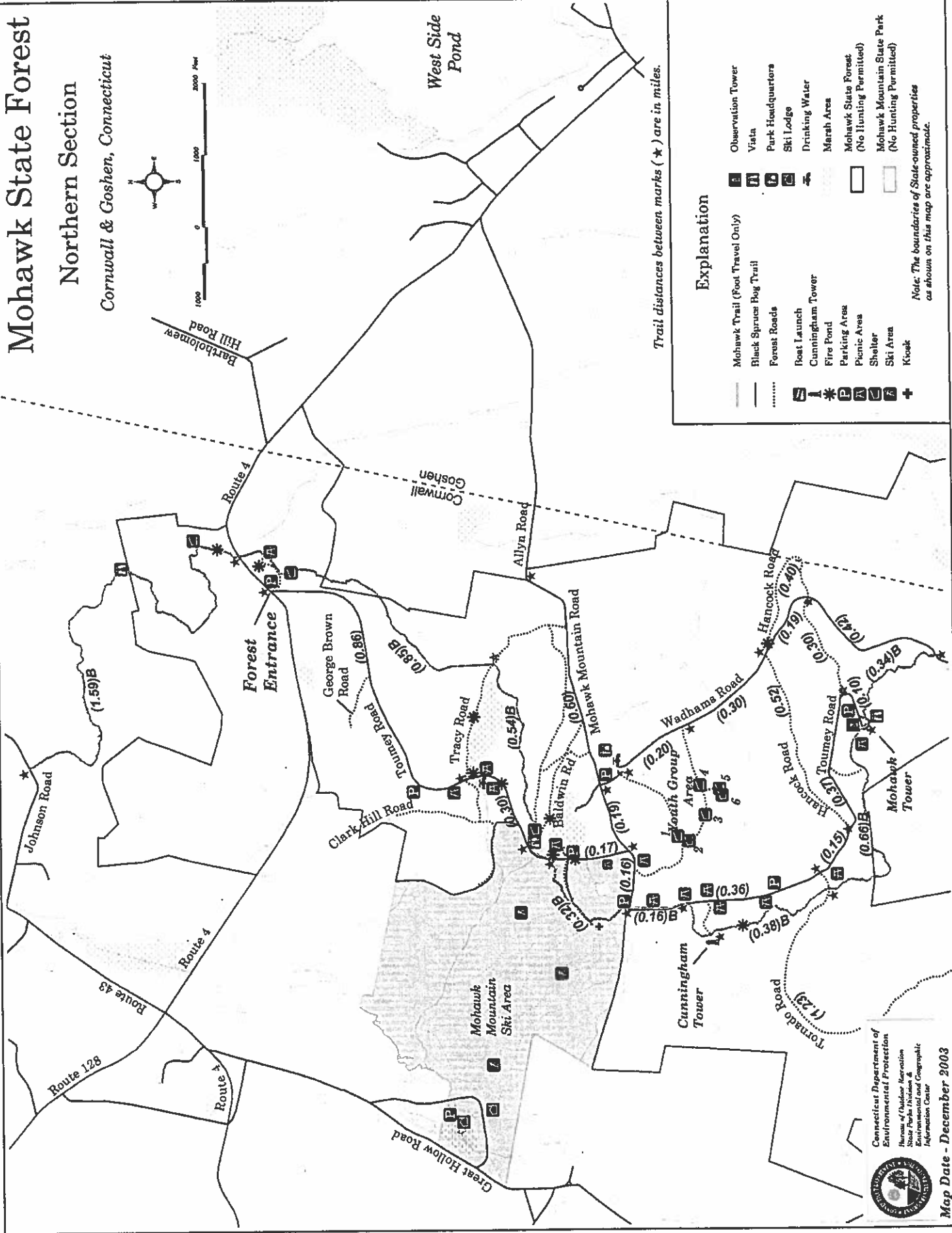
West Side Pond

Trail distances between marks (★) are in miles.

### Explanation

- |  |                                 |  |   |
|--|---------------------------------|--|---|
|  | Mohawk Trail (Foot Travel Only) |  | Observation Tower                                 |
|  | Black Spruce Bug Trail          |  | Viata   |
|  | Forest Roads                    |  | Park Headquarters                                 |
|  | Boat Launch                     |  | Ski Lodge   |
|  | Cunningham Tower                |  | Drinking Water                                    |
|  | Fire Pond                       |  | Marsh Area  |
|  | Picnic Area                     |  | Mohawk State Forest (No Hunting Permitted)        |
|  | Shelter                         |  | Mohawk Mountain State Park (No Hunting Permitted) |
|  | Ski Area                        |  |   |
|  | Kiosk                           |  |   |

Note: The boundaries of State-owned properties as shown on this map are approximate.



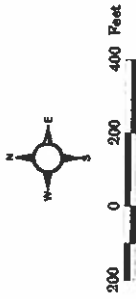
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Map Date - December 2003



# Kent Falls State Park

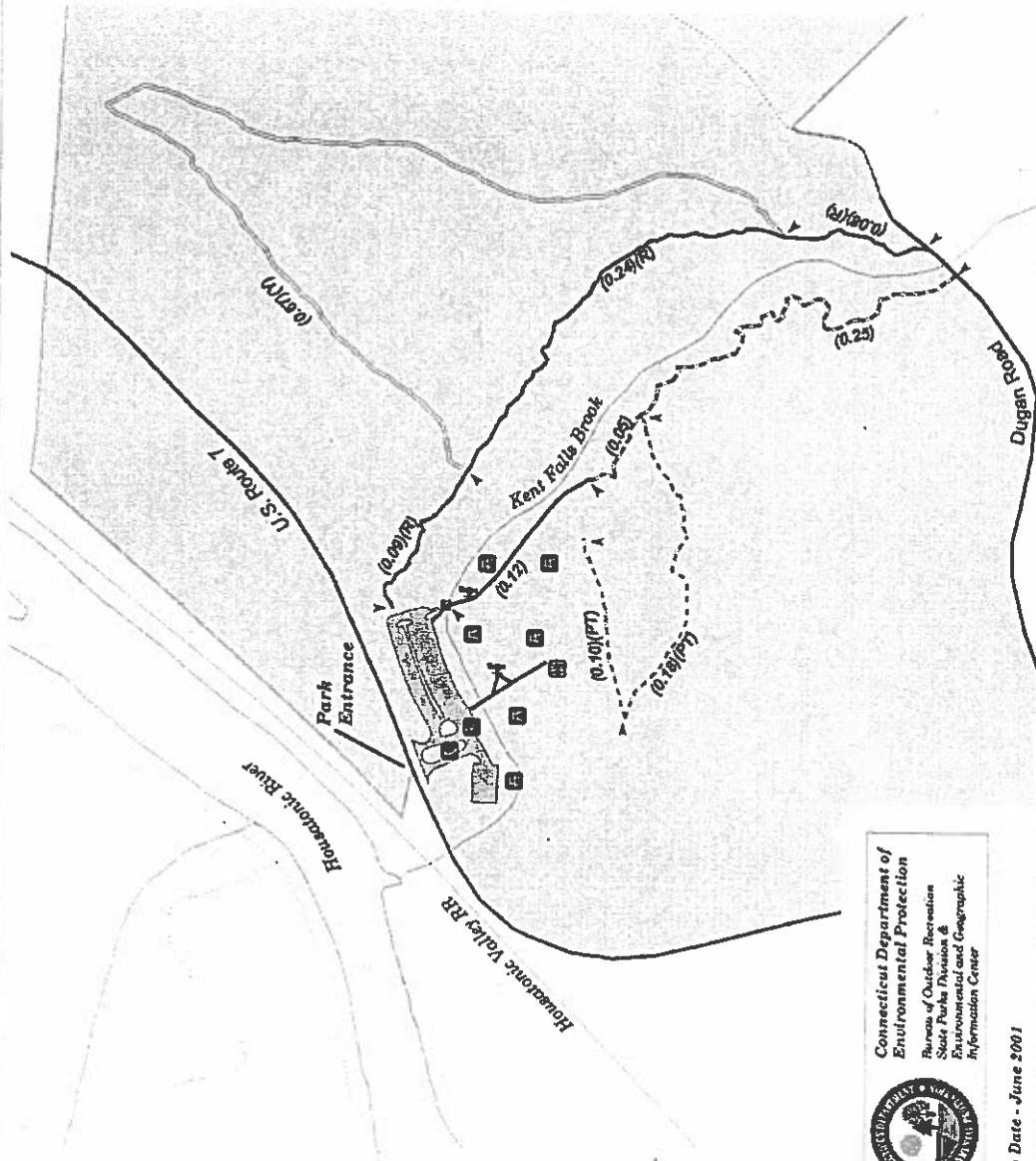
## Kent, Connecticut



Explanation	
Kent Falls Trail	--- (dashed line)
Trail	- - - (long dashed line)
Accessible Trail	— (solid line)
North Ridge Trails	— (solid line)
Red (R)	— (solid line)
Yellow (Y)	— (solid line)
Park Trails (PT)	— (solid line)
Parking Area	■ (shaded square)
Amenity	
Pay Phone	☎ (phone icon)
Water Spigot	⚓ (spigot icon)
Picnic Area	🍴 (picnic table icon)
Restrooms (Handicapped Accessible)	♿ (wheelchair icon)
Handicapped Parking	♿ (wheelchair icon)
Covered Bridge	▣ (square with diagonal lines)
Kent Falls State Park	▭ (rectangle with border)

Note: The boundaries of State-owned properties as shown on this map are approximate.

Trail distances between marks ( A ) are in miles.



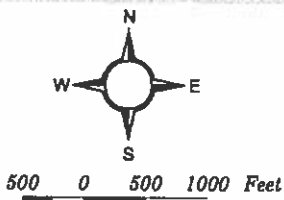
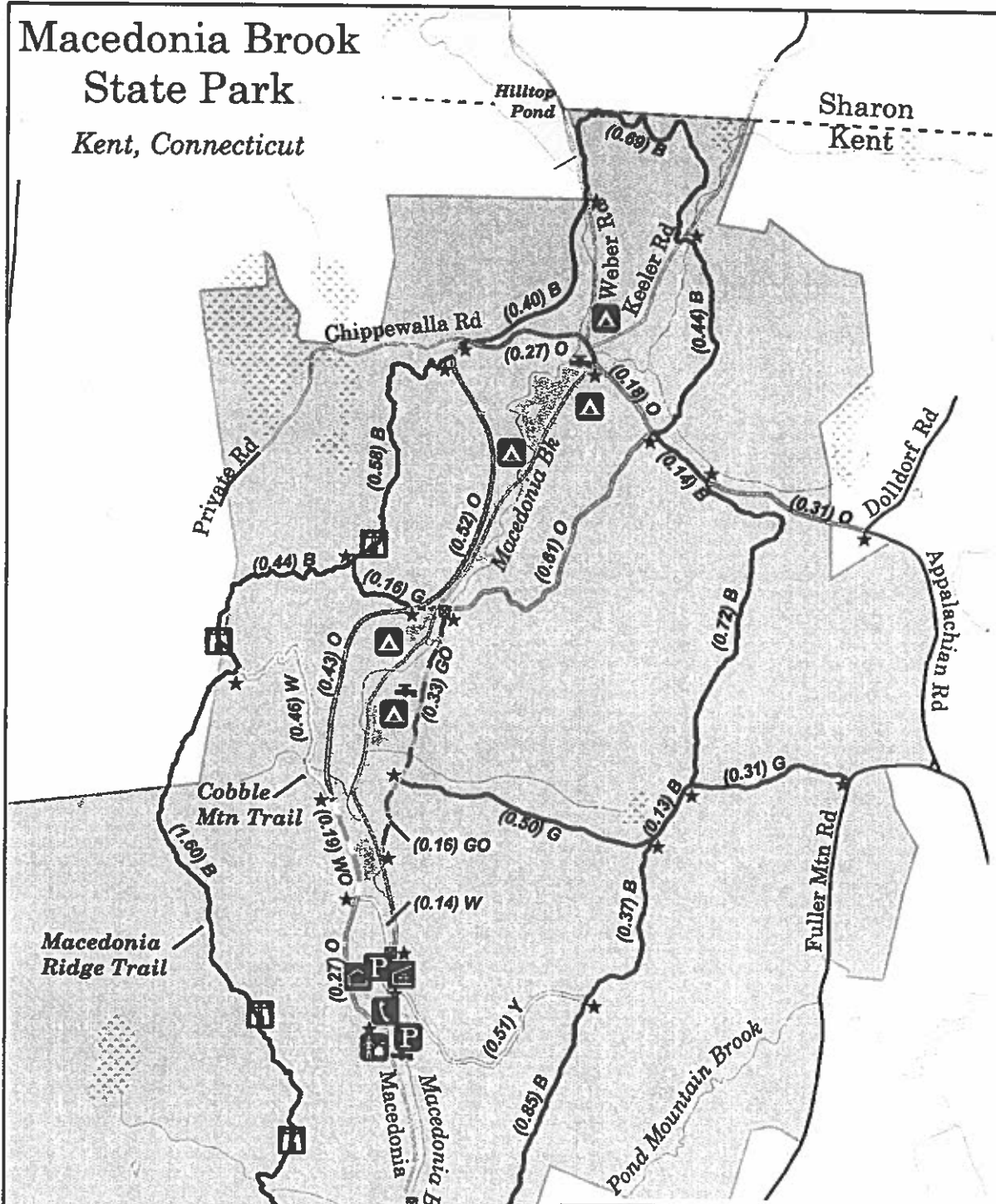

  
**Connecticut Department of Environmental Protection**  
 Bureau of Outdoor Recreation  
 State Parks Division & Environmental and Geographic Information Center

Map Date - June 2001

# Macedonia Brook State Park

Kent, Connecticut

Sharon  
Kent



Trail distances between marks (★) are in miles.



Connecticut Department of Environmental Protection  
Bureau of Outdoor Recreation  
State Parks Division & Environmental and Geographic Information Center

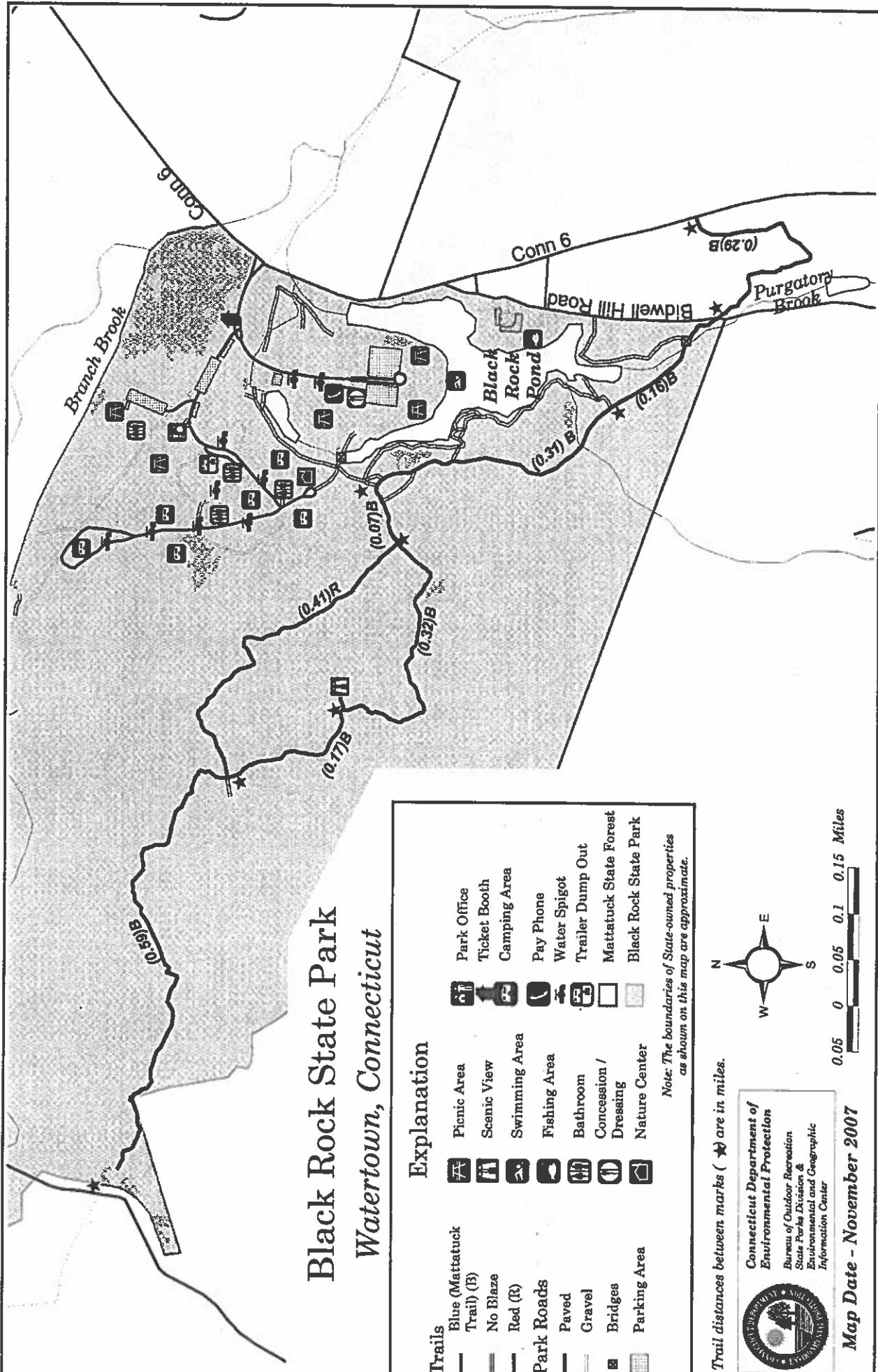
Map Date - December 2003

The Gorge & Old Furnace

Park Entrance

## Explanation

- |                   |                            |
|-------------------|----------------------------|
| Pay Phone         | Garage / Shop              |
| Scenic View       | Picnic Pavilion            |
| Parking Area      | Camp Office                |
| Camping Area      | Drinking Water             |
| Blue (B)          | Gravel Road                |
| Blue/Orange (BO)  | Paved Road                 |
| Green (G)         | Foot Bridge                |
| Green/Orange (GO) | Macedonia Brook State Park |
| Orange (O)        |                            |
| White/Orange (WO) |                            |
| White (W)         |                            |
| Yellow (Y)        |                            |
- Note: The boundaries of State-owned properties as shown on this map are approximate.



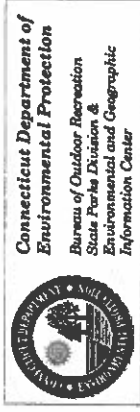
# Black Rock State Park

## Watertown, Connecticut

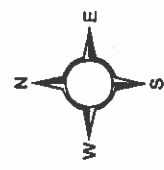
Trails		Park Roads		Explanation	
	Blue (Mattatuck Trail) (B)		Paved		Picnic Area
	No Blaze		Gravel		Scenic View
	Red (R)		Bridges		Swimming Area
			Parking Area		Fishing Area
					Bathroom
					Concession / Dressing
					Nature Center
					Park Office
					Ticket Booth
					Camping Area
					Pay Phone
					Water Spigot
					Trailer Dump Out
					Mattatuck State Forest
					Black Rock State Park

Note: The boundaries of State-owned properties as shown on this map are approximate.

Trail distances between marks (★) are in miles.



Connecticut Department of Environmental Protection  
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Map Date - November 2007

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Posted in Connecticut | April 24, 2016 | by Taylor Ellis

## 10 Incredible Hikes Under 5 Miles Everyone In Connecticut Should Take

Hikes can be super fun experiences, but not everyone wants to spend their whole day sweating and trekking uphill. If you love the idea of getting out and exploring nature but don't necessarily want to sweat through your shirt, then these hikes are for you. With this list, there are no more excuses. Get out there and see the sights!

### 1. Millington Trail (Devil's Hopyard)



Jay McAnally/Flickr

This 2.7-mile loop offers stunning views in addition to getting a moderate workout.

### 2. Mattabesett Trail (Giufridda Park)

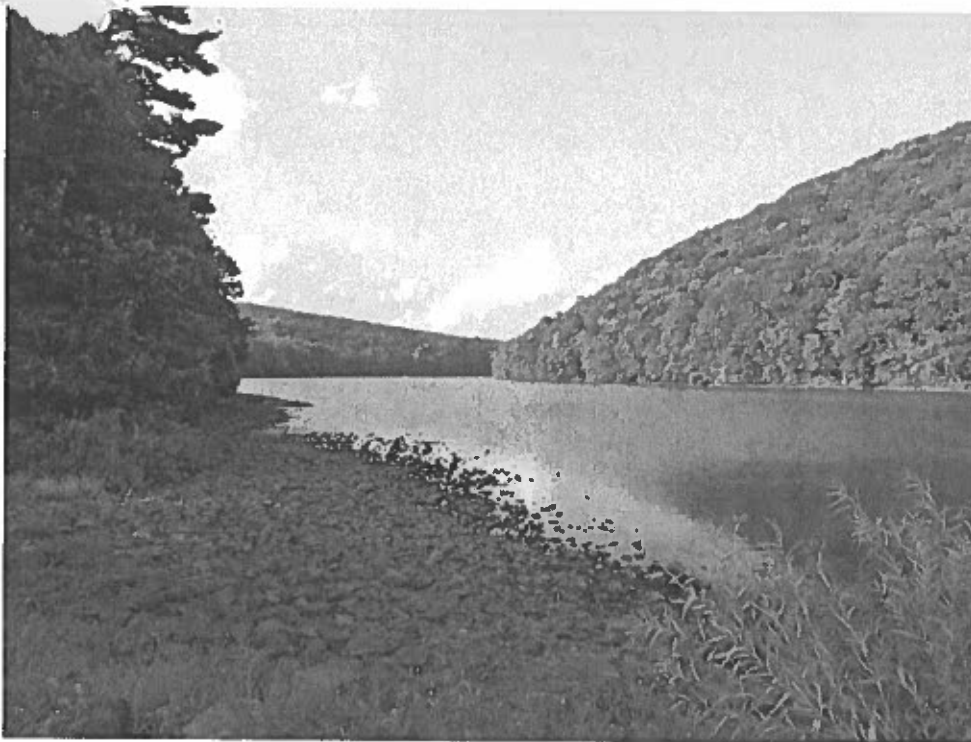


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There's No Chapel In The World Like This One In Connecticut





Lisa Jacobs/Flickr

At just under 2 miles, this hike is quick but has a lot of ups and downs. The view you'll get of Hartford is a great reward though!

### 3. Mine Hill Preserve (Roxbury)



Doug Kern/Flickr

You'll pass granite quarries, massive granite cliffs and a reservoir on this easy 4-mile trail.

### 4. Farm River State Park (East Haven)

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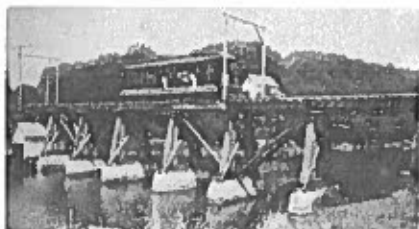
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Michele Colavolpe Antisde/Facebook

All the trails in this park are short, which means they're perfect for beginners and folks who like to see pretty things without working too hard.

#### 5. Housatonic River Walk (South Kent)



ScubaBear66/Flickr

This 4.8-mile section of the Appalachian Trail is perfect for a lazy Sunday stroll because nearly the entire stretch is flat.



These 15 Amazing Breakfast Spots In Connecticut Will Make Your Morning Epic



### 6. Green Circle Trail (Washington)



David Smith/Flickr

Trace the curves of the beautiful Shepaug river for 3 miles on this beginner's trail.

### 7. Tunxis Trail (Barkhamsted)



Shaw Izikson/Flickr

4.4 miles there and back, this trail is all about paying a visit to the Indian Council Caves, which are sunk into a dreamlike area of the woods.

an (Weston)



Mr B./Yelp

This is a unique opportunity because the intersecting trails allow you to dictate how long your hike is. The preserve trail loop comes in at 5.2 miles, but if you switch from one trail to another you could make it as short as a mile.

#### 9. Little Pond Trail (White Memorial Conservation Center)



Jonathan S/TripAdvisor

This super easy 1.2-mile walk lets you follow a boardwalk around a lake. Perfect for bringing little ones!

#### 10. Steep Rock Loop (Steep Rock Preserve)



LeopoldsFriend/TripAdvisor

This state park trail runs 4 miles long and is designed to let you explore the natural beauty of the park.

What do you say? Is one of these hikes in your future?

25.5k  
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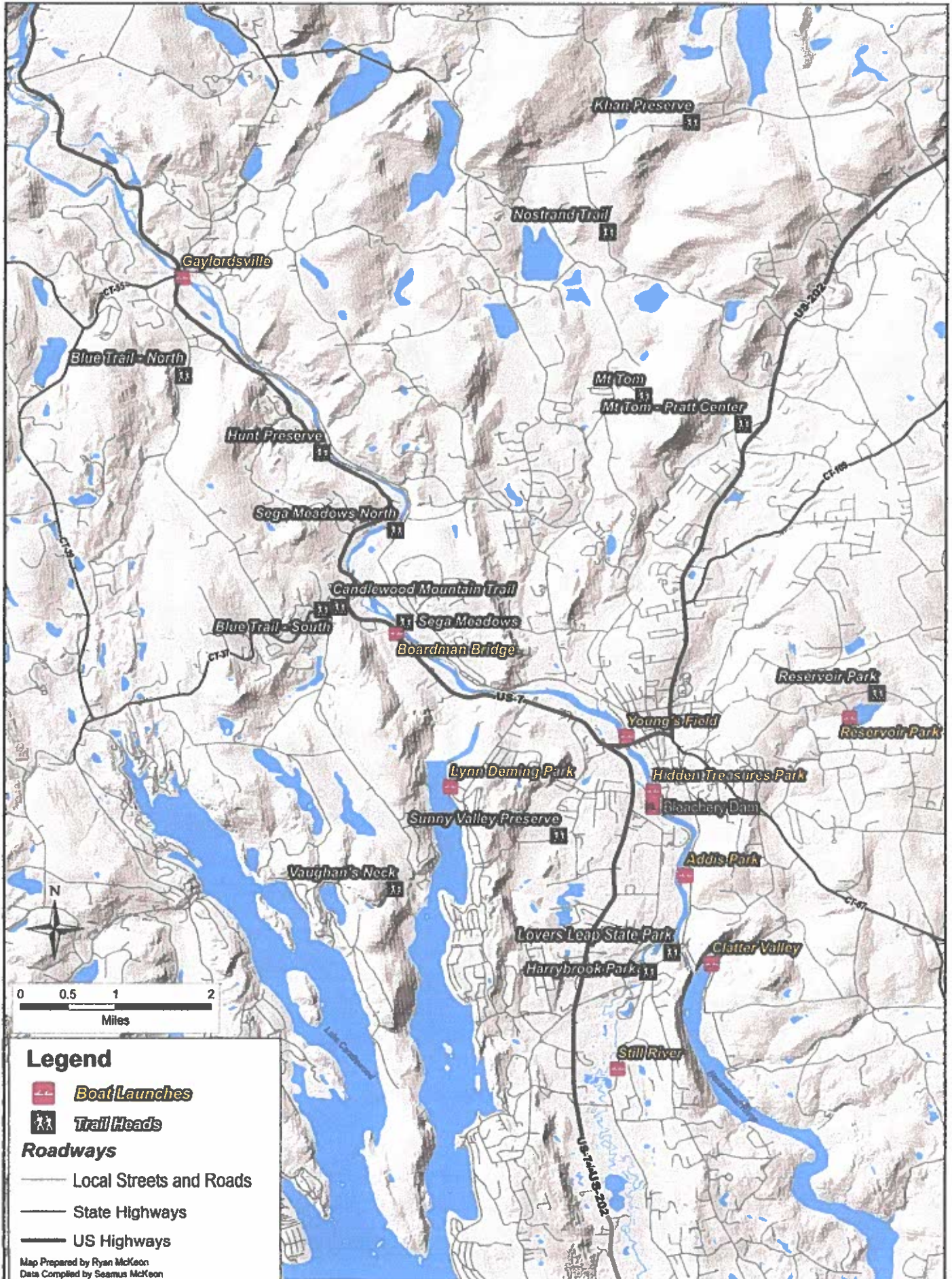
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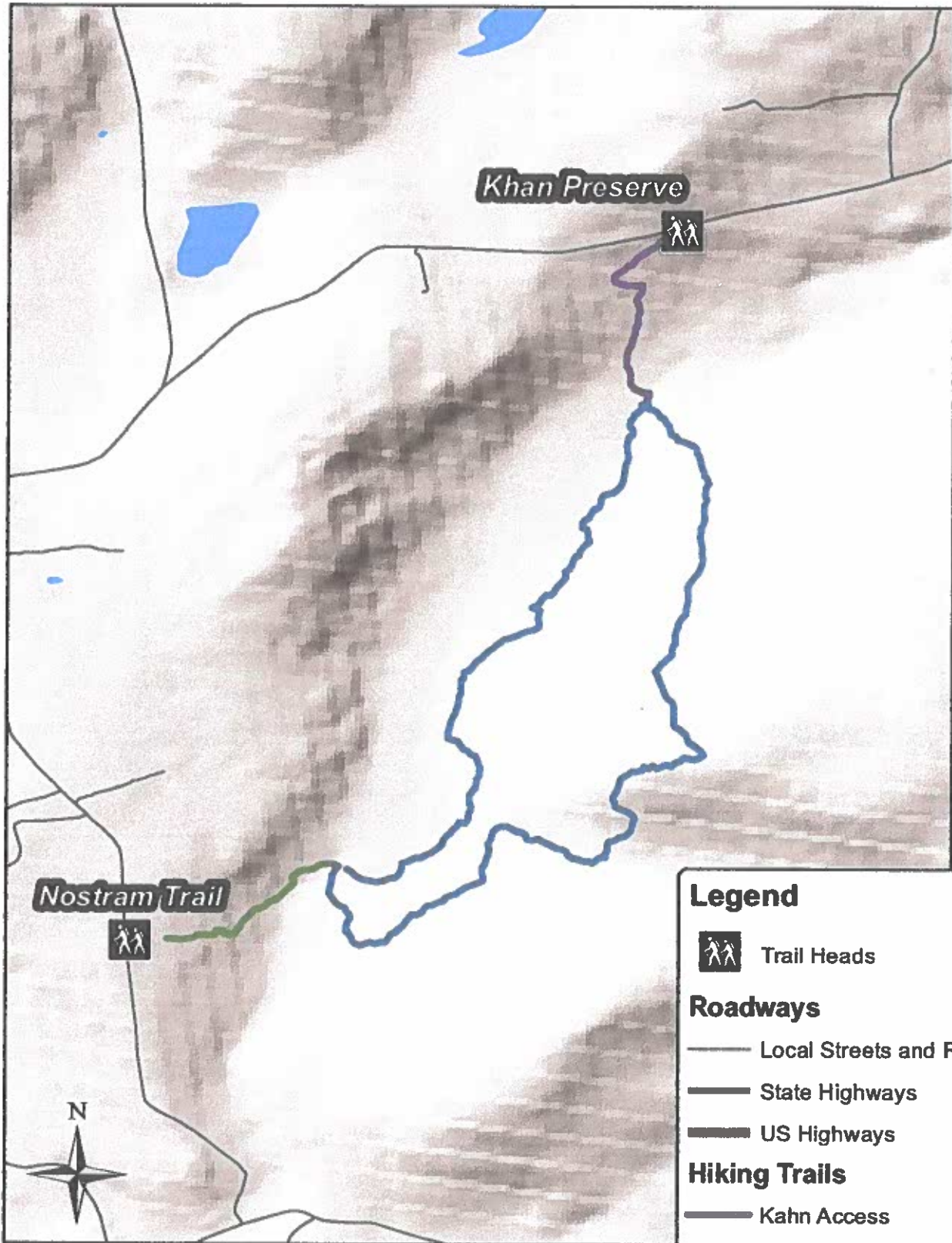
Taylor Ellis

Taylor loves restaurants by the water and a good slice of pizza. She believes that every day is a new opportunity for success. And for catching up on Netflix. You can follow her on Twitter @taylorjellis1

# Trail Heads and Boat Launches of New Milford, CT



# Khan Preserve - Nostram Area Hiking Trails



## Legend



Trail Heads

## Roadways

— Local Streets and Roads

— State Highways

— US Highways

## Hiking Trails

— Kahn Access

— Nostram Entry

— Nostram Kahn Bear Hill Loop

